

TODAY'S BIG GOALS	
★	★

⚡ SOUND Quality ⚡ PERFORMANCE ⚡ AtTUNEd ⚡ RHYTHM ⚡ KINETIC integration

<p style="text-align: center;">⚡ Warmup</p> <ul style="list-style-type: none"> <input type="checkbox"/> SOUND Quality (RH) <input type="checkbox"/> AtTUNEd (LH) <input type="checkbox"/> RHYTHM <input type="checkbox"/> KINETIC Integration <input type="checkbox"/> Scale / Arp / Doublestp 	<p style="text-align: center;">⚡ Block 2</p> <ul style="list-style-type: none"> <input type="checkbox"/> _____ <input type="checkbox"/> Performance ! <input type="checkbox"/> _____ <input type="checkbox"/> Kinetic <input type="checkbox"/> _____ 	<p style="text-align: center;">⚡ Block 3</p> <ul style="list-style-type: none"> <input type="checkbox"/> _____ <input type="checkbox"/> Kinetic <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> Performance !
<p style="text-align: center;">⚡ Block 4</p> <ul style="list-style-type: none"> <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> Kinetic <input type="checkbox"/> Performance ! <input type="checkbox"/> _____ 	<p style="text-align: center;">⚡ Block 5</p> <ul style="list-style-type: none"> <input type="checkbox"/> Performance ! <input type="checkbox"/> Kinetic <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ 	<p style="text-align: center;">⚡ SPARK Block</p> <p>5 minutes per SPARK</p> <ul style="list-style-type: none"> ⚡ SOUND Quality ⚡ PERFORMANCE ⚡ AtTUNEd ⚡ RHYTHM ⚡ KINETIC integration

TWO CHALLENGES (cross off as you find solutions!)

<p>Ok let's do it!</p> <ul style="list-style-type: none"> <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ 	<ul style="list-style-type: none"> <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <p>Challenges to start tomorrow :</p> <ul style="list-style-type: none"> <input type="checkbox"/> _____ <input type="checkbox"/> _____
---	---

WHAT WENT WELL ?	

Great job today! 